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Title: Supercritical CO<sub>2</sub>-assisted preparation of ibuprofen-loaded PEG-PVP complexes

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Keywords: carbon dioxide; interpolymer complex; ibuprofen

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Abstract: Stoichiometric ratios of poly(ethylene glycol) (PEG,  $M_w = 400$ ) with poly(vinylpyrrolidone) (PVP,  $M_w = \pm 3.1 \times 10^4$  &  $M_w = 1.25 \times 10^6$   $M_w$ ) were prepared from ethanol cast solutions and in supercritical CO<sub>2</sub>. The complex formation was studied via glass transition ( $T_g$ ) analysis obtained from differential scanning calorimetry (DSC) thermograms. PEG-PVP blends were also loaded with ibuprofen. The molecular dispersion of ibuprofen, mechanism of interaction, the effect of CO<sub>2</sub> pressure and temperature and ageing of blends were also analysed with DSC, attenuated total reflection Fourier transform infrared (ATR-FTIR) spectroscopy and X-ray diffraction.  $T_g$  analysis indicated that supercritical CO<sub>2</sub> can facilitate the formation of stoichiometric PEG-PVP complexes. Processing of PEG-PVP blends with ibuprofen results in the molecular dispersion of ibuprofen mainly bonded to PVP carbonyl groups, without significant disruption of the PEG-PVP complex. Increasing ibuprofen content leads to the disruption of PEG-PVP H-bond interactions and subsequently a breakdown of the PEG-PVP complex. Increasing process pressure results in extraction of some PEG fractions, while temperature increase only leads to increased foaming. Post-processing ATR-FTIR shifts in ibuprofen-PEG-PVP complexes is greater with supercritical CO<sub>2</sub> processing. These shifts are mainly attributed to atmospheric moisture absorption, however some evidence of molecular rearrangement is also observed. Altogether, ibuprofen-loaded PEG-PVP complexes can be prepared from supercritical CO<sub>2</sub> processing showing similar characteristics to such complexes prepared from solution casting.



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Professor Erdogan Kiran,  
The Editor,  
Journal of Supercritical Fluids

Dear Editor

I would like to submit a manuscript entitled **“Supercritical CO<sub>2</sub>-assisted preparation of ibuprofen-loaded PEG-PVP complexes”** by Philip Labuschagne and Rotimi E. Sadiku for consideration in the Journal of Supercritical Fluids.

In this manuscript, the stoichiometric ratio for interpolymer complex formation between poly(ethylene glycol) (PEG) and poly(vinylpyrrolidone) (PVP) is prepared in supercritical carbon dioxide medium. In addition, supercritical CO<sub>2</sub> is used for the first time to prepare ibuprofen-loaded PEG-PVP complexes (used in the design of transdermal delivery devices). The use of supercritical CO<sub>2</sub> poses many advantages over the conventional solvent casting preparation method, however, there is a need to understand the effect of CO<sub>2</sub> in preparation of such systems.

In this manuscript we determine: 1) if supercritical CO<sub>2</sub> can facilitate the formation of stoichiometric PEG-PVP interpolymer complexes; 2) to what degree ibuprofen is molecularly dispersed within the PEG-PVP complex after CO<sub>2</sub> processing and how this compares with the conventional preparation method; 3) the structure of the ibuprofen-loaded PEG-PVP complex and how increased ibuprofen loading affects the complex; 4) how supercritical CO<sub>2</sub> process conditions (such as pressure and temperature) affects ibuprofen-loaded PEG-PVP complexes; 5) the effect of ageing on PEG-PVP complexes with increasing ibuprofen loadings and how preparation method (supercritical CO<sub>2</sub> processing and solvent casting) affects ageing..

Thank you for your consideration of this manuscript.

Yours Sincerely,

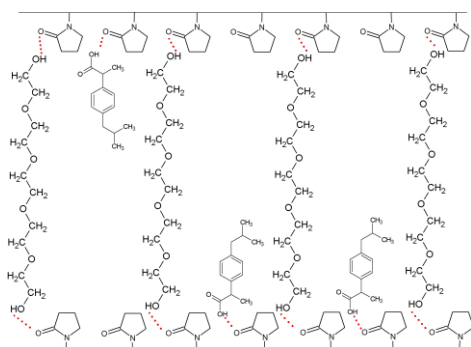
Philip Labuschagne

Polymers & Composites  
CSIR Materials Science and Manufacturing

# Supercritical CO<sub>2</sub>-assisted preparation of ibuprofen-loaded PEG-PVP complexes

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## Research highlights

- Supercritical CO<sub>2</sub> facilitates the formation of stoichiometric PEG-PVP complexes
- CO<sub>2</sub> processing allows molecular dispersion of ibuprofen in PEG-PVP complexes
- CO<sub>2</sub> pressure & temperature has minimal effect on ibuprofen-PEG-complex
- Ibuprofen-PVP interaction occurs at the expense of PEG-PVP interaction

# Supercritical CO<sub>2</sub>-assisted preparation of ibuprofen-loaded PEG-PVP complexes

## **Abstract**

Stoichiometric ratios of poly(ethylene glycol) (PEG,  $M_w = 400$ ) with poly(vinylpyrrolidone) (PVP,  $M_w = \pm 3.1 \times 10^4$  &  $M_w = 1.25 \times 10^6$   $M_w$ ) were prepared from ethanol cast solutions and in supercritical CO<sub>2</sub>. The complex formation was studied via glass transition ( $T_g$ ) analysis obtained from differential scanning calorimetry (DSC) thermograms. PEG-PVP blends were also loaded with ibuprofen. The molecular dispersion of ibuprofen, mechanism of interaction, the effect of CO<sub>2</sub> pressure and temperature and ageing of blends were also analysed with DSC, attenuated total reflection Fourier transform infrared (ATR-FTIR) spectroscopy and X-ray diffraction.  $T_g$  analysis indicated that supercritical CO<sub>2</sub> can facilitate the formation of stoichiometric PEG-PVP complexes. Processing of PEG-PVP blends with ibuprofen results in the molecular dispersion of ibuprofen mainly bonded to PVP carbonyl groups, without significant disruption of the PEG-PVP complex. Increasing ibuprofen content leads to the disruption of PEG-PVP H-bond interactions and subsequently a breakdown of the PEG-PVP complex. Increasing process pressure results in extraction of some PEG fractions, while temperature increase only leads to increased foaming. Post-processing ATR-FTIR shifts in ibuprofen-PEG-PVP complexes is greater with supercritical CO<sub>2</sub> processing. These shifts are mainly attributed to atmospheric moisture absorption, however some evidence of molecular rearrangement is also observed. Altogether, ibuprofen-loaded PEG-PVP complexes can be prepared from supercritical CO<sub>2</sub> processing showing similar characteristics to such complexes prepared from solution casting.

**Keywords:** carbon dioxide, interpolymer complex, ibuprofen

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## 1. Introduction

Drug delivery systems generally consist of a drug dispersed within a biocompatible polymeric matrix which is designed to release the drug via diffusion or erosion mechanisms and to target a specific site in the body [1]. One of the requirements for controlled delivery is that the drug is molecularly dispersed within the polymer matrix, as crystalline drug in the polymer matrix would lead to uncontrolled dissolution or diffusion rates [2]. This is usually achieved using solvent-based processing, after which the solvent is removed via air-, thermal-, vacuum-, spray- or freeze-drying techniques [3-9]. Apart from the risk of toxic solvent residues, many drugs are thermo-labile or solvent-labile. A “greener” alternative which has received much attention in the past decade is the use of supercritical carbon dioxide (CO<sub>2</sub>) as processing medium. CO<sub>2</sub> is relatively inexpensive, non-toxic and is easily removed from the product. In addition, supercritical CO<sub>2</sub> can be reached at conditions above relatively mild pressure (71.8 bar) and temperature (31.8°C). These properties have made supercritical CO<sub>2</sub> a suitable medium, for instance, for the impregnation of drugs into polymers [10-16].

Supercritical CO<sub>2</sub>-assisted impregnation is based on the ability of polymers to be plasticised and drugs to be melted in supercritical CO<sub>2</sub>. This allows transport of the drug into the swollen polymer matrix. Favourable partitioning of the drug into the polymer matrix, due to specific drug-polymer interactions, yields a molecularly dispersed drug inside a polymer matrix [10]. Using this mechanism, the dissolution rates of poorly water soluble drugs have been enhanced by impregnation in a water-

1 soluble polymer. Examples of such systems that have been successfully produced  
2 with supercritical CO<sub>2</sub> as processing medium are: ibuprofen impregnated into β-  
3 cyclodextrin [17,18], PVP [10] and lipid composites [19]; ketoprofen impregnated into  
4 β-cyclodextrin [20] and PLGA [21]; indomethacin impregnated into HPBCD [22], PVP  
5 [13], chitosan [14], poly(sebacic anhydride) [23] and PLLA/PLGA [24], and  
6 budesonide impregnated into HPBCD [22]. Impregnation is achieved by using either  
7 of two methods: the drug is pre-dissolved in supercritical CO<sub>2</sub> and then the drug-  
8 scCO<sub>2</sub> solution is passed through a polymer matrix [10,17] or the drug is physically  
9 premixed into the polymer and then the drug/polymer mixture is exposed to  
10 supercritical CO<sub>2</sub> [13,14,22,23]. To optimize impregnated drug content, various  
11 conditions, such as the CO<sub>2</sub> pressure, operating temperature or exposure time  
12 should be optimised. Evidence of molecular dispersion of the drug is usually  
13 indicated by a lack of crystalline drug, either by the absence of a crystalline melting  
14 peak (DSC analysis), or the absence of crystalline diffraction peaks (XRD) and in  
15 certain cases, the visible absence of drug crystals in the polymer matrix (SEM).  
16 Further evidence of increased molecular dispersion of the drug was demonstrated  
17 through FTIR spectroscopic analysis [10], which showed that the molecular state of  
18 drug and its interactions (drug-drug or drug-polymer) can be assessed. Finally,  
19 dissolution studies are conducted to demonstrate the effect of increased molecular  
20 drug dispersion on dissolution rates [14,23].  
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46 The abovementioned studies were aimed at oral delivery systems in which  
47 bioavailability of drugs are determined by dissolution rates in aqueous media.  
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49 Transdermal drug delivery is an alternative approach that aims to deliver a drug  
50 through the skin into the systemic circulation [25]. However, the excellent barrier  
51 properties of the skin, combined with both lipophilic and hydrophilic phases, impart  
52 great limitations on the range of drugs suitable for transdermal delivery [26].  
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60 Feldstein et al [27] addressed some of these issues by developing a matrix-type  
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1 transdermal delivery system, which combine favourable characteristics such as skin  
2 adhesion, controlled delivery and enhanced drug penetration. Their delivery system  
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4 is a hydrogel formed by the interpolymer complexation between short chain  
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6 polyethylene glycol (PEG) molecules, also a skin penetration enhancer, and high  
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8 molecular weight polyvinylpyrrolidone (PVP), often used as a carrier to enhance the  
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10 bioavailability of drugs. Both terminal hydroxyl groups of PEG form H-bonds with the  
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12 carbonyl groups of PVP, resulting in a high free-volume network of PVP chains tied  
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14 by comparatively long, flexible H-bond crosslinks [28]. The high free-volume imparts  
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16 pressure-sensitive adhesive properties.  
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22 Behaviour of PEG-PVP blends were first studied by Fleming et al [29]. In a previous  
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24 study, we compared homogeneity and H-bond interaction of PEG-PVP blends  
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26 prepared in supercritical CO<sub>2</sub>, cast from ethanol and physical mixtures [29,30]. It was  
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28 shown that, in general, supercritical CO<sub>2</sub> processing does facilitate the formation of  
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30 homogenous PEG-PVP blends, although, at higher PEG molecular weight, blends  
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32 cast from ethanol showed greater homogeneity and degree of H- bond interaction  
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34 than blends processed in supercritical CO<sub>2</sub>. This was attributed to rapid vitrification  
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36 upon CO<sub>2</sub> venting and the inability of the high molecular weight PEG molecules to  
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38 self-diffuse in between PVP molecules. In a follow up study, the evolution of H-bond  
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40 interactions between PVP and PEG *in-situ* under high-pressure CO<sub>2</sub> and during CO<sub>2</sub>  
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42 venting was monitored [31]. It was shown that CO<sub>2</sub> sorption disrupts H-bond  
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44 interaction between PEG and PVP, while upon CO<sub>2</sub> desorption, H-bond interaction  
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46 recovers. The extent of H-bond disruption and recovery was dependent on many  
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48 variables such as: polymer molecular weight, PEG-PVP ratio, operating pressure and  
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50 temperature.  
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58 In this study, complexes of PEG-PVP with ibuprofen (a non-steroidal anti-  
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60 inflammatory drug, often used in transdermal delivery for treatment of rheumatoid  
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1 arthritis and osteoarthritis) have been prepared [32]. Comparisons are made between  
2 mixtures prepared in supercritical CO<sub>2</sub> and mixtures cast from aqueous solution.  
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4 Previous research has shown that ibuprofen interacts with both PEG and PVP via H-  
5 bonding: in the case of PEG, interaction occurs between the carbonyl group of  
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7 ibuprofen and the terminal hydroxyl group of PEG [33], while with PVP, it occurs  
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9 between the hydroxyl group of ibuprofen and carbonyl group of PVP [10]. Taking into  
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11 consideration the fact that PEG-PVP complex formation requires interaction between  
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13 the same functional groups of PEG and PVP, it can be expected that some degree of  
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15 competitive interaction will occur with the addition of ibuprofen.  
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22 Thus, the objectives of this study were to determine: 1) if supercritical CO<sub>2</sub> can  
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24 facilitate the formation of stoichiometric PEG-PVP interpolymer complexes; 2) to  
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26 what degree ibuprofen is molecularly dispersed within the PEG-PVP network  
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28 complex after CO<sub>2</sub> processing and how this compares with the conventional casting  
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30 method; 3) the structure of the ibuprofen-loaded PEG-PVP complex and how  
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32 increased ibuprofen loading affects the complex; 4) how supercritical CO<sub>2</sub> process  
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34 conditions can affect the interaction behaviour in ibuprofen-loaded PEG-PVP  
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36 complexes; 5) the effect of ageing on PEG-PVP complexes with increasing ibuprofen  
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38 loadings.  
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## 45 **2. Experimental**

### 46 *2.1 Materials*

47 PEG ( $M_w$ : 400) was purchased from Unilab, Germany. PVP Kollidon 17PF ( $\pm 9 \times 10^3$   
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49  $M_w$ ), Kollidon 25PF ( $\pm 3.1 \times 10^4 M_w$ ) and Kollidon F90 ( $\pm 1.25 \times 10^6 M_w$ ) were  
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51 purchased from BASF, South Africa. Carbon dioxide (99.995% purity) was purchased  
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53 from Air Products, South Africa. Ibuprofen was purchased from Sigma-Aldrich, South  
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## 2.2 Preparation of PEG/PVP complexes

Mixtures cast from solution: PVP and PEG-400 were carefully weighed off, after which water was added to yield 50% aqueous solutions. The solutions were then stirred with a spatula until homogenous. The aqueous solutions were poured into a petri-dish and dried in an oven at 70°C for 6hrs, resulting in samples with approximately 5% moisture content. The samples were then equilibrated in open atmosphere for 24hrs to equilibrium moisture content of approximately 12%.

Mixtures prepared in supercritical CO<sub>2</sub>: PVP and PEG-400 were carefully weighed off and stirred with a spatula until homogenous. The mixtures were then placed in a supercritical CO<sub>2</sub> reactor as described in a previous paper [30], preheated to 40°C and then pressurised to 120 bar. These conditions were maintained for 3 hours, after which CO<sub>2</sub> was vented and the sample removed. The mixture was then allowed to equilibrate in open atmosphere for 24hrs to equilibrium moisture content of approximately 12%.

For addition of ibuprofen in both cases, the same procedures were followed as above, except that PVP and ibuprofen were first ground in a mortar and pestle until homogenous. For samples cast from solution, ethanol was used as solvent due to the poor solubility of ibuprofen in water. FTIR analysis was used to monitor complete removal of ethanol prior to analysis.

## 2.3 Differential Scanning Calorimetry (DSC)

A DSC1/700 (Mettler Toledo Instruments) was used to perform the DSC analysis on the samples. A heating rate of 20°C/min was used in a nitrogen atmosphere, with flow rate 50 mL/min. The temperature range was -75 to 220 °C. Aluminium sample pans were used. The sample masses, which were accurately determined on an analytical balance, ranged between 5 - 7 mg.

## 2.4 Attenuated Total Reflection Fourier Transform Infrared (ATR-FTIR) Spectroscopy

ATR-FTIR spectra of the samples were obtained using a Perkin Elmer Spectrum 100 FTIR spectrometer, with wavenumbers ranging from 4000  $\text{cm}^{-1}$  to 650  $\text{cm}^{-1}$ .

## 2.5 X-Ray Diffraction (XRD)

Samples were analysed in a wide-angle X-ray diffractometer (X'Pert PRO from PANalytical) using  $\text{Cu K}\alpha$  radiation ( $\lambda = 0.1542\text{nm}$ ) over 1-60°, with a step size of 0.0263°.

# 3. Results & Discussion

## 3.1 DSC analysis of PEG-PVP complexes without ibuprofen

The first aim was to determine whether supercritical  $\text{CO}_2$  can facilitate the formation of stoichiometric PEG-PVP complexes. Complex formation between polymers are usually indicated by a large, usually positive, deviation from the normal rules of mixing such as the Fox and Gordon-Taylor equations [34,35]. In the case of PEG-PVP complexes, large negative deviations occur, due to the enhanced free volume resulting from the considerable length of PEG cross-links between PVP chains [36]. Figure 1 shows DSC heating thermograms of complexes of PEG with PVP (Kollidon 25PF & F90) measured after supercritical  $\text{CO}_2$  processing.

The presence of absorbed moisture in all samples are characterised by a melting peak of free water at ca. 1°C and a broad thermo-desorption endotherm in the temperature range ca. 40°C to 170°C. Of interest in this study, are the  $T_g$ s of the respective complexes. Both complexes show a  $T_g$  of -45°C. According to the Fox equation (using  $T_g$  values shown in Table 1), the  $T_g$  of 36wt% of PEG-400 in Kollidon

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2 25PF with 12% hydration should theoretically be  $-5.75^{\circ}\text{C}$ . Replacing with Kollidon  
3 90F the Fox equation predicts a theoretical  $T_g$  of  $0.54^{\circ}\text{C}$ .

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6 (Table 1 references: [36], [37], [38])  
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11 A significant negative deviation from the simple rules of mixing is seen in all  
12 complexes. Thus,  $T_g$  values show that processing stoichiometric ratio's of PEG and  
13 PVP in supercritical  $\text{CO}_2$  medium does result in the formation of high-free volume H-  
14 bonded PEG-PVP complexes.  
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22 An interesting observation was the possibility of  $\text{CO}_2$ -enhanced plasticization of high  
23 molecular weight PVP ( $M_w$ :  $1.25 \times 10^6$ ) in the presence of PEG-400. In the neat state,  
24 PVP of such high molecular weight does not plasticize in supercritical  $\text{CO}_2$  at 120 bar  
25 and  $40^{\circ}\text{C}$ . The difficulty in plasticizing such high molecular weight PVP can be  
26 attributed to poor accessibility of  $\text{CO}_2$  molecules to the PVP carbonyl groups due to  
27 low chain mobility, as reflected by a higher  $T_g$  value – which is also an indication of  
28 greater polarity, possibly due to stronger PVP-PVP dipole interactions. It is assumed  
29 that with the addition of PEG, the inter-chain distances between the PVP molecules  
30 are increased allowing greater access for  $\text{CO}_2$  molecules to interact with the PVP  
31 carbonyl groups.  
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46 The next aim was to prepare ibuprofen-loaded PEG-PVP complexes using  
47 supercritical  $\text{CO}_2$  as processing medium. It is expected that, since both PEG and  
48 ibuprofen interact with the carbonyl groups of PVP, competitive interaction could  
49 occur and that the species showing stronger interaction with PVP would limit or  
50 prevent interaction of the other species with PVP [10,39]. Interaction strength is  
51 strongly correlated with the position of spectral bands [40] and a previous study has  
52 shown that ibuprofen-PVP interaction leads to a PVP carbonyl wavenumber shift,  
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1  $\Delta\nu(\text{C}=\text{O})$ , in the order of  $46\text{ cm}^{-1}$  [10], while for PEG(400)-PVP interaction,  $\Delta\nu(\text{C}=\text{O})$   
2 is in the order of  $24\text{ cm}^{-1}$  [41]. This would suggest that ibuprofen-PVP interaction is  
3 preferred and could occur at the expense of PEG-PVP H-bond interactions.  
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6 However, it is important to consider the number of PVP carbonyl groups available for  
7 interaction. Feldstein et al [42] showed that in stoichiometric complexation between  
8 PEG and PVP (36 wt% PEG), only about 30% of PVP repeat units are occupied by  
9 H-bonding with PEG terminal hydroxyl groups. Thus, 70% of PVP repeat units  
10 remain free, if steric effects are excluded). Therefore, with a 30 wt% drug loading, a  
11 sufficient number of PVP carbonyl groups could be available for complex formation  
12 with PEG.  
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### 25 *3.2 FT-IR spectroscopic analysis*

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29 Figure 2 shows the wavenumber region of the  $\nu(\text{C}=\text{O})$  band in which the carboxylic  
30  $\text{C}=\text{O}$  stretching band of ibuprofen and the cyclic amide  $\nu(\text{C}=\text{O})$  band of PVP in PEG-  
31 PVP complexes are shown along with the spectra of an ibuprofen-loaded PEG-PVP  
32 complex in this spectral region. First to be noticed is the shift of ibuprofen  $\nu(\text{C}=\text{O})$   
33 from  $1705$  to  $1725\text{ cm}^{-1}$  upon mixing in the PEG-PVP complex. This shift has been  
34 reported previously and is attributed to the breakup of ibuprofen dimers that occur in  
35 the solid state [10]. The “free” ibuprofen molecules then interact with the polymer via  
36 H-bonding as evidenced by the changes in the  $\nu(\text{C}=\text{O})$  band of PVP in the ibuprofen-  
37 PEG-PVP complex. The band at ca.  $1632\text{ cm}^{-1}$  was previously attributed to H-  
38 bonding between the carbonyl group of PVP and the hydroxyl group of ibuprofen  
39 [10].  
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56 No significant differences in spectra of samples prepared by casting from ethanol  
57 solution and those prepared in the supercritical  $\text{CO}_2$  medium were evident, after  
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2 equilibrating to ca. 12% moisture content. This indicates similar drug-polymer  
3 interaction behaviour for both preparation methods.  
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### 7 *3.3 X-ray Diffraction Analysis of ibuprofen-loaded PEG-PVP* 8 *complexes* 9

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12 The X-ray diffractogram shows an absence of the ibuprofen diffraction pattern in all  
13 samples, which is further evidence of molecular dispersion of ibuprofen within PEG-  
14 PVP complex (Figure 3). In addition, the X-ray diffractograms give evidence in both  
15 complexes that the presence of H-bonded ibuprofen does not disrupt the high free-  
16 volume network structure of the PEG-PVP complex. This is inferred from the halo's  
17 shown in Figure 3. All the complexes show a halo at ca. 20 °, which corresponds  
18 closely with the halo in neat PEG-400 and represents the ordered arrangement of  
19 PEG chains bonded by its terminal hydroxyl groups to the oxyethylene units of  
20 neighbouring PEG chains [43]. The presence of the halo's indicate a similar ordered  
21 arrangement and would thus support the model of mutual chain orientation in PEG-  
22 PVP complexes, proposed by Feldstein et al [28].  
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### 41 *3.4 DSC analysis of ibuprofen-loaded PEG-PVP complexes* 42

43 Further evidence that the high free-volume network structure is maintained is found  
44 in the DSC thermograms. Figure 4 compares thermograms of neat ibuprofen with an  
45 ibuprofen-loaded PEG-PVP complex cast from ethanol solution and the same  
46 complex prepared in supercritical CO<sub>2</sub>. In both cases, the complexes show a  $T_g$   
47 significantly lower than expected from simple rules of mixing, indicating high free  
48 volume as expected from a PEG-PVP complex. Neat ibuprofen shows a sharp  
49 endothermic peak at 84.7°C, corresponding to its crystalline melting point. However,  
50 in all the complexes this peak disappears completely, which is further evidence that  
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1 the ibuprofen is in an amorphous state [44]. Interestingly, a much reduced thermo-  
2 desorption endotherm is present when compared to the same complexes without  
3 ibuprofen (Figure 1). This suggests much reduced moisture absorption. Since PVP is  
4 the more hygroscopic of the two polymers, reduced moisture absorption can be  
5 attributed to ibuprofen molecules occupying the carbonyl groups of PVP via strong H-  
6 bonds, making them unavailable for interaction with water molecules [10].  
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15 The above results show that ibuprofen prefers interaction with PVP, and that the high  
16 free-volume PEG-PVP network is mainly intact. The proposed structure of the  
17 ibuprofen-PEG-PVP complex can thus be illustrated schematically as shown in  
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22 Figure 5:  
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25 Thus, it is possible to produce ibuprofen-loaded stoichiometric PEG-PVP complexes  
26 using supercritical CO<sub>2</sub> as process medium, eliminating the need for long or energy  
27 intensive drying methods to remove excess solvent.  
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### 35 *3.5 Effect of ibuprofen loading on PEG-PVP complex*

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39 Interestingly, PEG-PVP complexes loaded with 30 wt% ibuprofen showed a greater  
40 degree of foaming after CO<sub>2</sub> venting than complexes without ibuprofen (Figure 6).  
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46 The degree of CO<sub>2</sub>-induced foaming can be influenced by a number of factors.  
47 Firstly, greater CO<sub>2</sub> sorption generally leads to a greater degree of polymer foaming  
48 [45]. However, previous research has shown that strong ibuprofen-PVP interaction  
49 leads to a reduction in CO<sub>2</sub> solubility, thus such foaming cannot be attributed to  
50 greater CO<sub>2</sub> sorption. Secondly, differences in the  $T_g$ s of the PEG-PVP complexes  
51 could also affect degree of foaming. Foaming only occurs above the  $T_g$  of the  
52 polymer-CO<sub>2</sub> mixture and at a certain stage during CO<sub>2</sub> venting, vitrification occurs  
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1 [46], terminating cell growth. It is therefore expected that a lower  $T_g$  would allow more  
2 time for CO<sub>2</sub>-induced cell growth, resulting in a greater degree of foaming. DSC  
3 results (Figure 4) however, indicate a slightly higher  $T_g$  for complexes containing  
4 ibuprofen. A third possibility could be related to the viscosity of the PEG-PVP  
5 complex. A decrease in complex viscosity would pose less resistance to cell growth  
6 [47]. Such viscosity reduction would only be expected if the PEG-PVP “crosslink”  
7 density is reduced [28]. A decrease in “crosslink” density would also result in a  $T_g$   
8 increase, as fewer PEG molecules bonded via both terminal hydroxyl groups to PVP  
9 chains would disrupt the high free-volume PEG-PVP network structure. This is  
10 supported by the  $T_g$  of the complexes containing 30% ibuprofen (Figure 4) showing  
11 an increase in  $T_g$  from ~-45°C to ~-38°C. Clearly then, ibuprofen-PVP interaction is  
12 preferred and does lead to some disruption of the PEG-PVP complex.  
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29 Following from the above, it would be expected that by increasing ibuprofen content  
30 further, degree of foaming will be enhanced. PEG-PVP complexes with 40 and 50  
31 wt% ibuprofen were prepared and the degree of foaming shown in Figure 7.  
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38 As expected, greater foaming is found with 40 wt% ibuprofen, but at 50 wt%  
39 ibuprofen the degree of foaming is less. It is likely that the viscosity decreases to  
40 such an extent due to breakdown of the PEG-PVP complex, resulting in cell  
41 coalescence.  
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## 3.6 Effect of processing conditions

### 3.6.1 Pressure effect

Processing pressure was increased from 120 to 220 bar, after which ATR-FTIR spectroscopic analysis of processed samples was conducted to evaluate the molecular state of ibuprofen (30 wt% loading) and PEG-PVP interactions (Figure 8).

Figure 8 shows spectra overlays of 4 different samples taken from the same batch. The arrows indicate bands associated with PVP (C=O group) and PEG (C-O group). Variations in these band ratios are evident, indicating that the relative amount of PEG in PVP was different in the different samples taken. This can be explained as follows: increasing CO<sub>2</sub> pressure leads to increased sorption of CO<sub>2</sub> into the PEG-PVP complex and thus reduced PEG-PVP interactions. The relatively low  $M_w$  of the PEG molecules could result in some fractions being partitioned into the CO<sub>2</sub>-rich phase, which is then extracted from the blend upon CO<sub>2</sub> venting. Most likely, only the PEG molecules located closer to the outer surface of the mixture were extracted since the high  $M_w$  of the PVP molecules would hinder PEG transport properties. Closer inspection of the PVP C=O and PEG C-O absorption bands show that in regions containing a lower fraction of PEG molecules the PVP C=O peak maxima is shifted to lower wavenumbers (1661 cm<sup>-1</sup>) and the PEG C-O band is correspondingly shifted to higher wavenumbers (1115 cm<sup>-1</sup>). This is evidence that the remaining PEG molecules are tightly bonded, via its terminal hydroxyl groups, to PVP molecules and that the PEG oxyethylene backbones are relatively “free” from association with other PEG molecules, resulting in a structure as illustrated in Figure 5. Increasing pressure has no effect on ibuprofen binding, as is expected since the ibuprofen-PVP interaction is very strong.

### 3.6.2 Temperature effect

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4 Processing temperature was increased from 40 to 60°C, for the same complex with  
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6 30wt% ibuprofen loading. Figure 9 shows spectra overlays of 4 different samples  
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8 taken from the same batch. No difference in the PVP (C=O) and PEG (C-O) band  
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10 ratios are shown. In addition, increasing process temperature had no effect on  
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12 ibuprofen H-bonding to PVP.  
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17 The only visible difference with higher temperature processing was in the physical  
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19 appearance of the end product, showing a “spider-nest” appearance (Figure 10).  
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23 With increased temperature, increased kinetic energy is expected to further reduce  
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25 H-bond interactions between PEG and PVP, resulting in reduced viscosity. This  
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27 leads to a very high degree of foaming. However, this structure was stable only for a  
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29 short period after which it collapsed, most likely due to the liquid nature of the  
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31 complex.  
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### 3.7 PEG-PVP complex stability at different ibuprofen loadings

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42 Crystalline drug in the amorphous form is known to be unstable [48]. In addition,  
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44 increased drug loading in a polymer could lead to supersaturation which would also  
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46 result in recrystallisation of the drug [49]. The stability of ibuprofen with different  
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48 weight% loadings in PEG and PVP ( $M_w: \pm 1.25 \times 10^6$ ) complexes were monitored over  
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50 three weeks via ATR-FTIR analysis. Figure 11 compares spectra of complexes  
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52 prepared in supercritical CO<sub>2</sub> (row A) and cast from ethanol (row B): immediately  
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54 after preparation, after 1 week and after 3 weeks storage at 23°C and 50% relative  
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1 A similar trend across all the spectra is that with increased ibuprofen loading, the  
2 intensity of the PVP  $\nu(\text{C}=\text{O})$  band at ca.  $1632\text{ cm}^{-1}$ , attributed to ibuprofen-PVP H-  
3 bonding, increases. This would indicate that even at high ibuprofen loadings,  
4 interaction with PVP is preferred. In addition, no evidence of ibuprofen  
5 recrystallisation is shown over the 3 week storage period, irrespective of processing  
6 method. Previous research has shown that the maximum ibuprofen loading which is  
7 expected to exist stably in the amorphous state in PVP is ca. 30 wt% [10]. However,  
8 in the PEG-PVP complex a 50 wt% ibuprofen loading relates to effectively a 61 wt%  
9 ibuprofen loading in PVP, if it is assumed that PEG hydroxyl groups are H-bonded to  
10 PVP and not available for interaction with ibuprofen. This could indicate towards  
11 some form of synergistic effect between PEG and PVP in stabilising ibuprofen.  
12 Nevertheless, stability tests need to be conducted over longer storage periods and  
13 under varying conditions to confirm such synergistic effects.  
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31 Small spectral differences between the two processing methods are noticeable. The  
32 supercritical  $\text{CO}_2$ -processed complexes show slightly greater post-processing ageing  
33 as reflected by greater variations in the shape of the PVP  $\nu(\text{C}=\text{O})$  band over time.  
34 Due to the hygroscopic nature of the ibuprofen-PEG-PVP complex, these changes  
35 could be due to moisture absorption. For this reason, the hydroxyl stretching mode  
36 region between  $3100$  and  $3700\text{ cm}^{-1}$  was studied. The general trend in all the  
37 samples, irrespective of processing method, was an initial increase in the intensity of  
38 the hydroxyl band after 1 week ageing. After 3 weeks ageing the intensity of the  
39 hydroxyl band decreased somewhat (Figure 12).  
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53 The slight decrease in moisture content after 3 weeks ageing could be due to  
54 molecular rearrangement in the ibuprofen-PEG-PVP complex (assisted by enhanced  
55 plasticisation due to present water molecules), thereby displacing a small amount of  
56 the absorbed water molecules. The slightly greater "ageing" noticed in the  
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supercritical CO<sub>2</sub>-processed blends could simply be due to lower initial water content.

This can be expected, since previous research has shown the ability of supercritical CO<sub>2</sub> to extract water from polymers [50].

Figure 13 illustrates changes in the shape of the band representing PEG oxyethylene repeat units. These bands show a new shoulder at 1117 cm<sup>-1</sup> which we have found not be present in neat PEG-400; PEG-400 exposed to high humidity (90% relative humidity for 6 hours); PEG-400 loaded with 50wt% ibuprofen; or in the neat PEG-PVP complexes. As is indicated in Figure 13, these shoulders become more pronounced with increasing ibuprofen content, and can be attributed to altered conformations of the PEG oxyethylene repeat units, possibly due to van der Waals interaction with the benzene ring of ibuprofen. The absence of such a shoulder in ibuprofen-PEG mixtures can be attributed to greater ibuprofen mobility, where close contact with the PEG oxyethylene units are limited. In the ibuprofen-PEG-PVP complex, molecular mobility is restricted resulting in increased interaction between the oxyethylene units and the ibuprofen benzene ring. The intensity of this band decreases over the three week storage period which, as indicated above, is also accompanied by increased moisture content. It is possible that some water molecules accumulate around the oxyethylene units, thereby shielding some of these van der Waals interactions.

## 4. Conclusions

Supercritical CO<sub>2</sub> is able to facilitate the preparation of stoichiometric PEG-PVP network complexes as confirmed by a large negative deviation of  $T_g$  from the simple rules of mixing. Processing of PEG-PVP blends even with very high  $M_w$  PVP ( $\pm 1.25 \times 10^6$ ) is possible due to PEG molecules increasing the inter-chain distances between the long PVP molecules, allowing greater access for CO<sub>2</sub> molecules to interact with PVP carbonyl groups.

Supercritical CO<sub>2</sub> processing of PEG-PVP blends loaded with ibuprofen results in complete molecular dispersion of ibuprofen molecules, H-bonded mainly to the carbonyl groups of PVP. Increasing the ibuprofen content disrupts PEG-PVP H-bond interaction which results in greater foaming due to reduced viscosity. Increasing CO<sub>2</sub> pressure from 40 bar to 60 bar does not affect ibuprofen-PVP interaction, but some of the low  $M_w$  PEG fractions are extracted upon CO<sub>2</sub> venting. Temperature increase only results in greater foaming of the ibuprofen-PEG-PVP complex.

In all the ibuprofen-PEG-PVP complexes, spectroscopical changes occur over a three week storage period, which is attributed primarily to moisture absorption. The effect is slightly greater in complexes prepared in supercritical CO<sub>2</sub>, which is due to lower initial moisture content caused by the ability of supercritical CO<sub>2</sub> to extract moisture from polymers upon venting. ATR-FTIR analysis of the ibuprofen-PEG-PVP complex shows a new shoulder at  $1117\text{cm}^{-1}$ . This shoulder is attributed to specific interactions between the oxyethylene repeat units of PEG and the benzene ring of ibuprofen.

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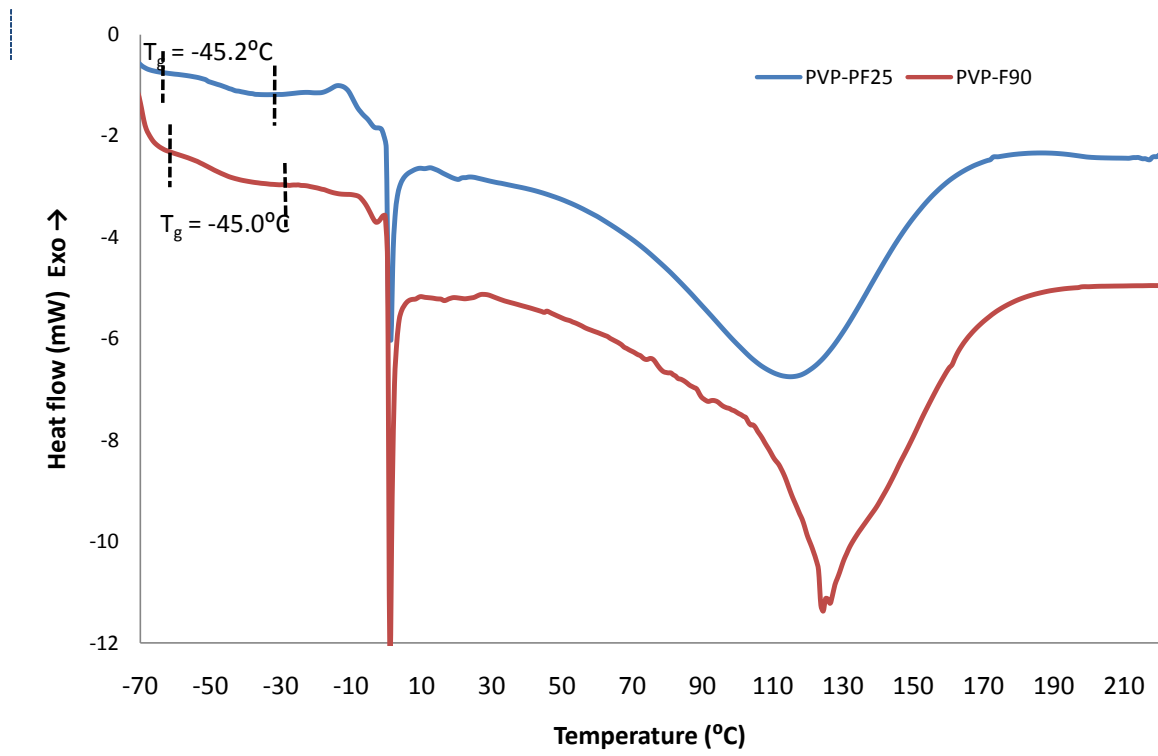
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## Tables

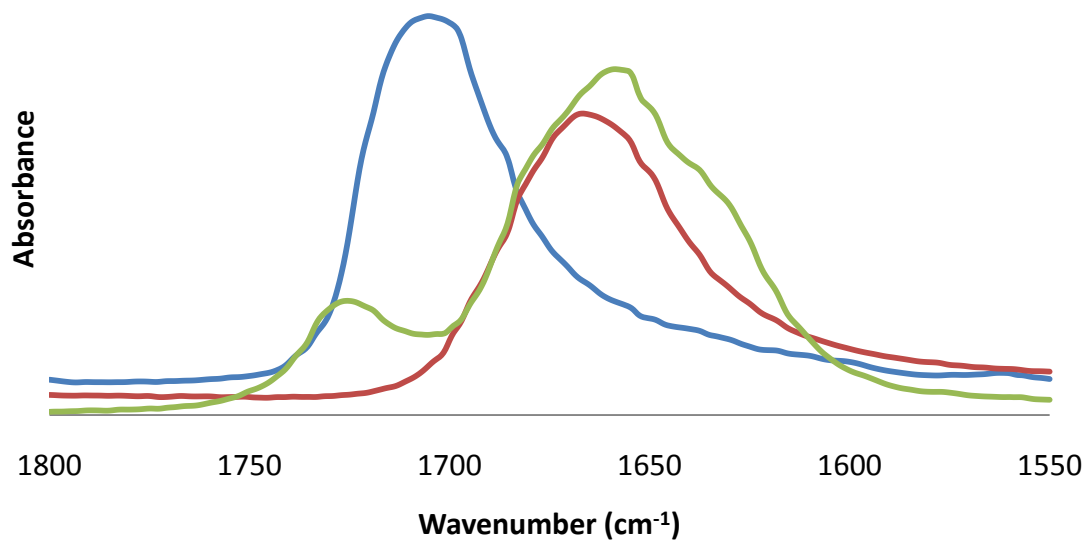
**Table 1:** The glass transition temperatures of PEG, PVP and water

Component	T <sub>g</sub> (°C)	Reference
PEG-400	-71	[36]
PVP Kollidon 25PF	155	[37]
PVP Kollidon 90F	185	Supplied by BASF
Water	-133	[38]

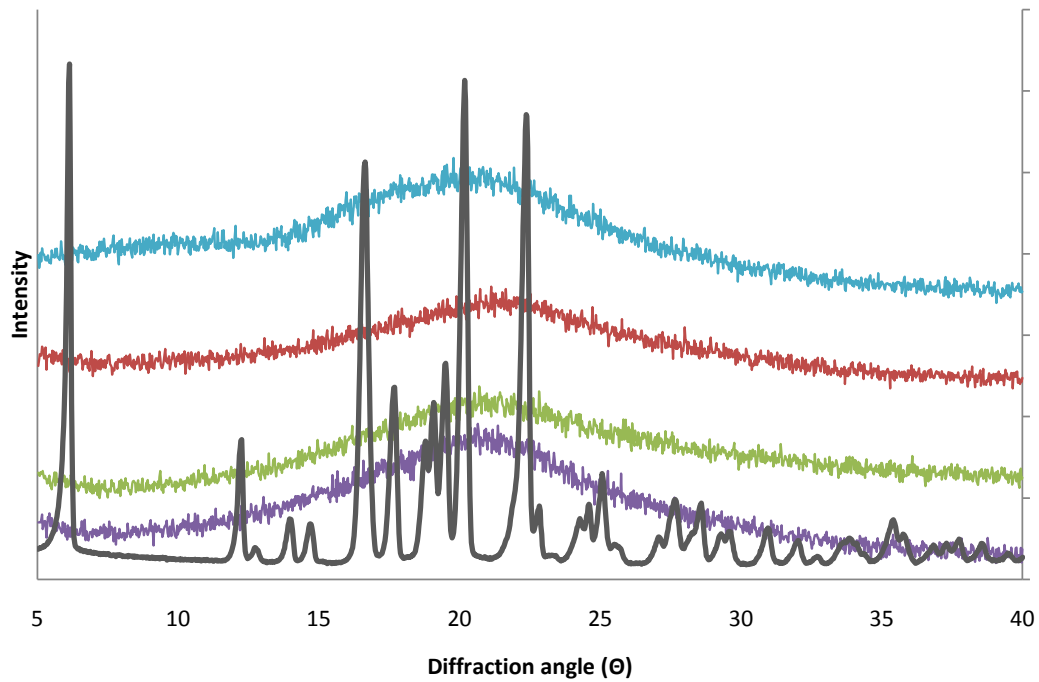
## Figures



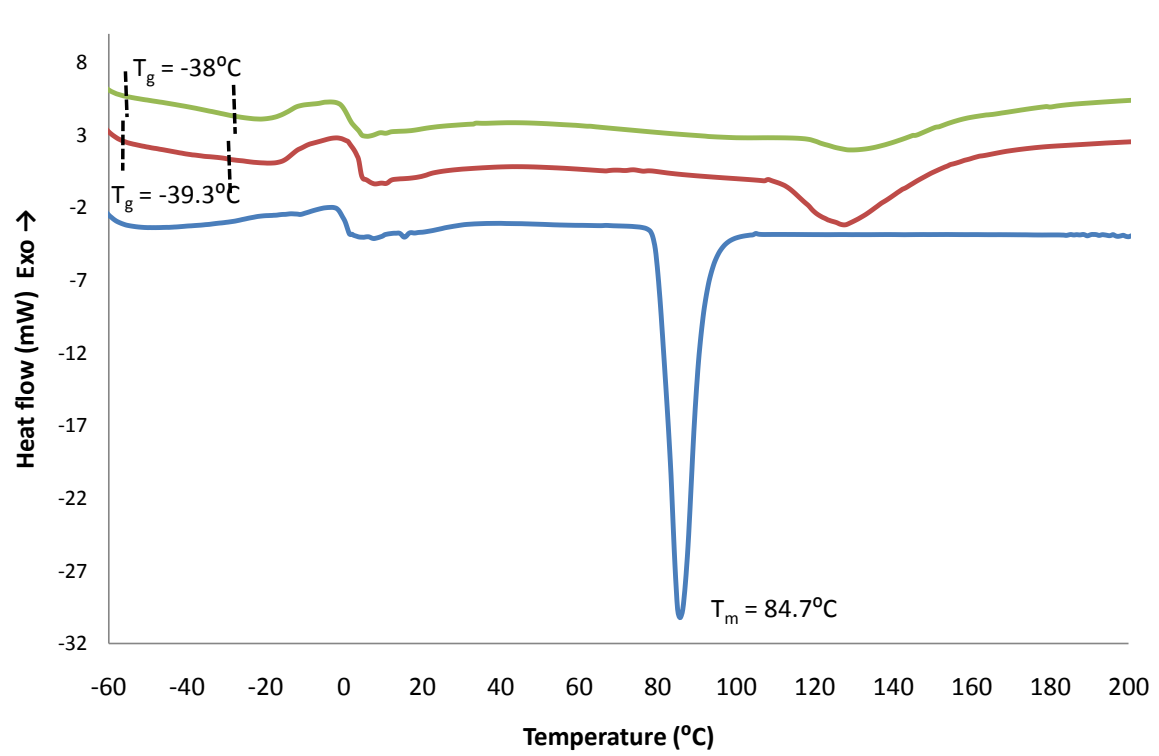
**Figure 1:** DSC thermograms of complexes of PEG with PVP (— 25PF; — 90F) processed in  $scCO_2$ .



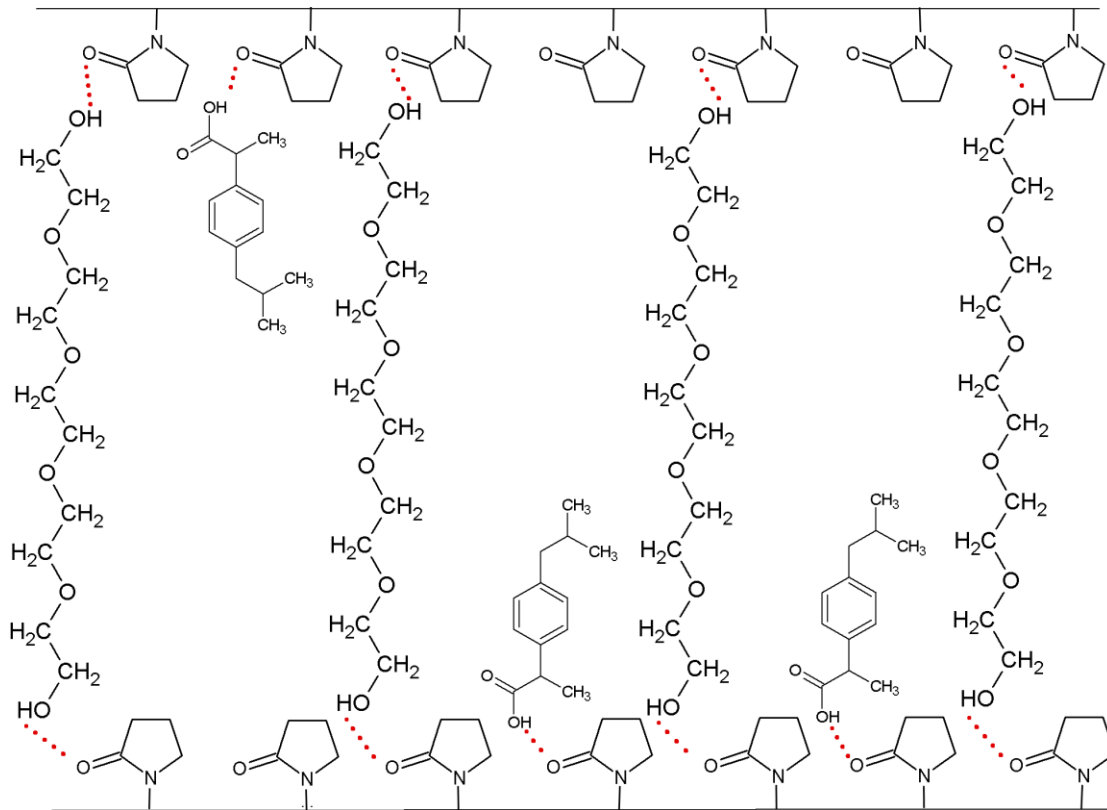
**Figure 2:** FT-IR spectra in the  $\nu(\text{C}=\text{O})$  region for ibuprofen (—), PEG-PVP complex (—) and ibuprofen-loaded PEG-PVP complex (—)



**Figure 3:** XRD diffractograms of solution cast PEG-PVP complex with PVP-PF25 (—) and PVP-90F (—), supercritical CO<sub>2</sub> prepared PEG-PVP complex with PVP-PF25 (—) and PVP-90F (—), and pure ibuprofen (—).

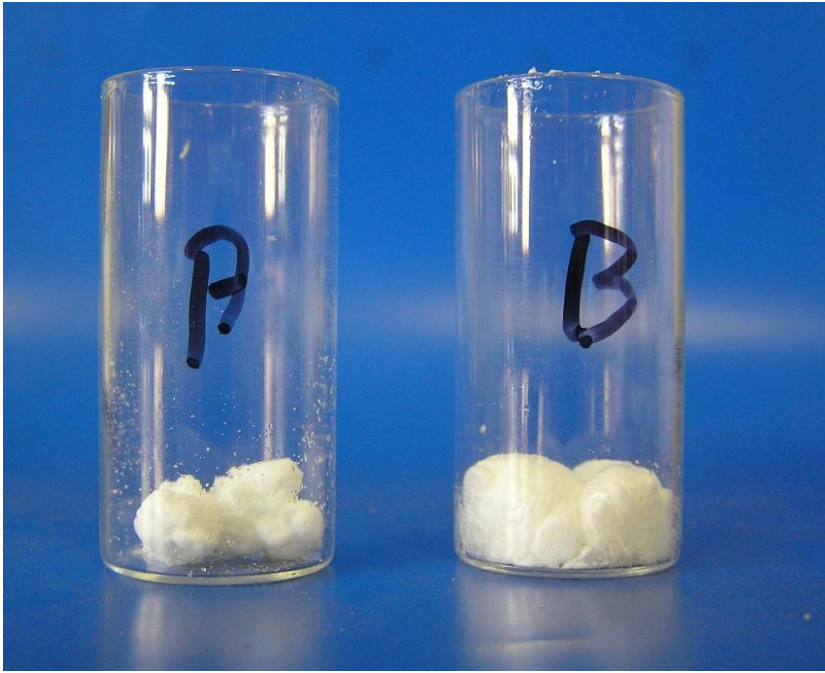


**Figure 4:** DSC thermograms of PEG-PVP complexes cast from ethanol solution (—), prepared from supercritical CO<sub>2</sub> (—) and pure ibuprofen (—)

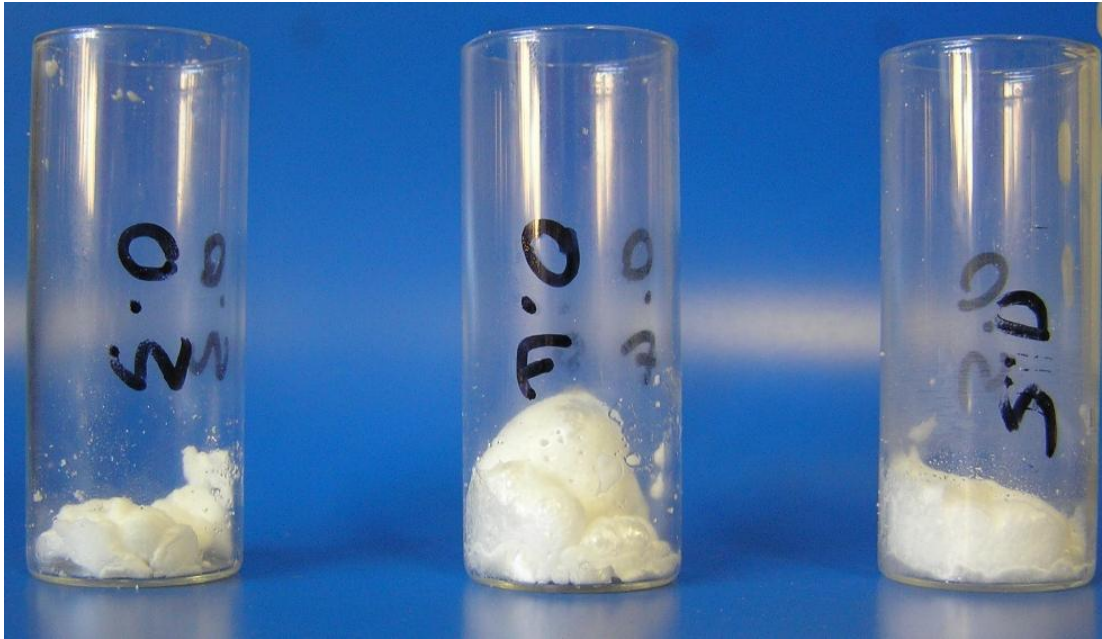


**Figure 5:** Schematic representation of the ibuprofen-loaded PEG-PVP complex

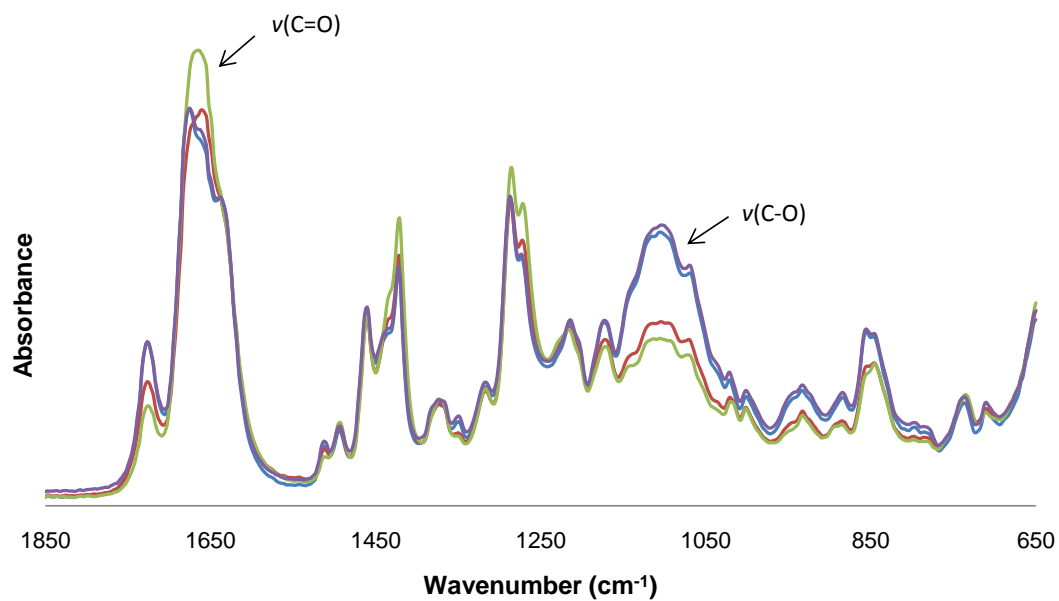




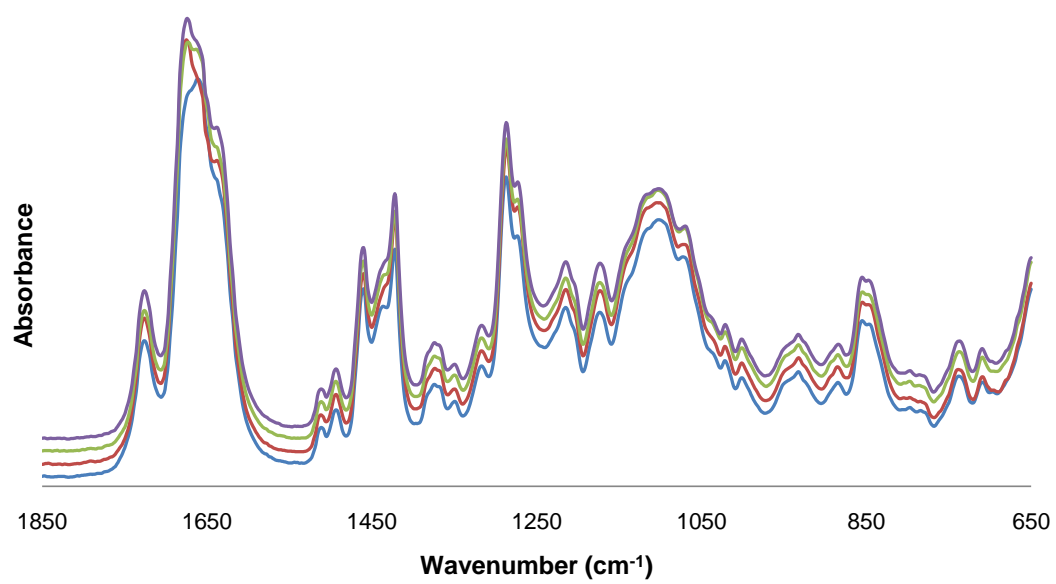
**Figure 6:** PEG-PVP complexes prepared in supercritical CO<sub>2</sub> without (A) and with (B) 30 wt% ibuprofen.



**Figure 7:** PEG-PVP complexes with 30, 40 and 50 wt% ibuprofen prepared in supercritical CO<sub>2</sub>.



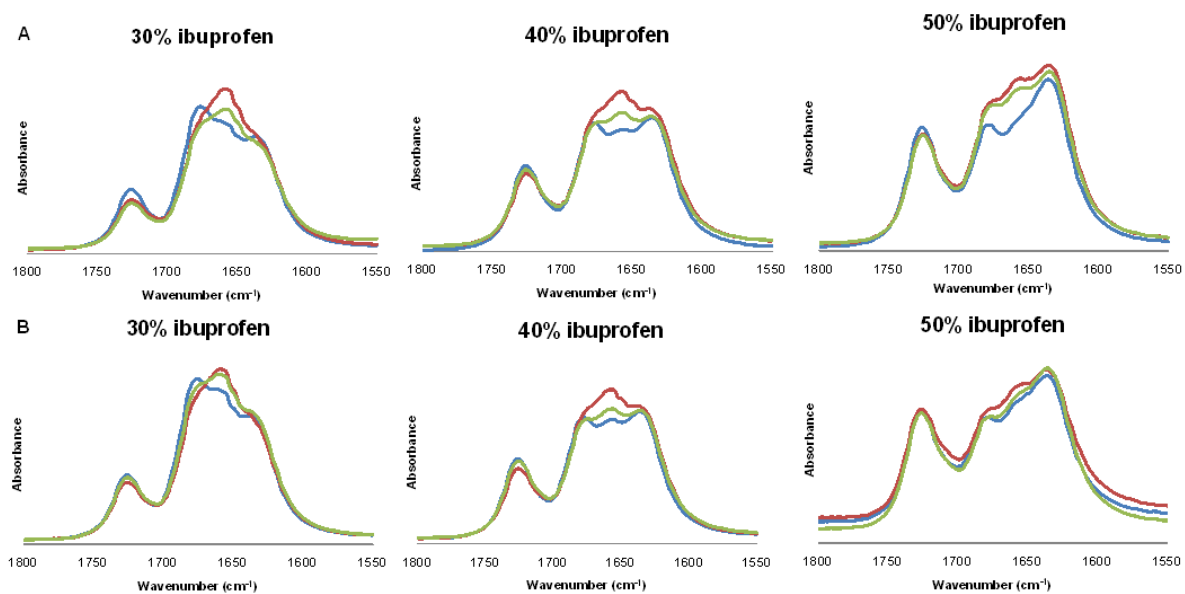
**Figure 8:** Overlay of ATR-FTIR spectra of 4 samples of 30wt% ibuprofen-loaded PEG-PVP complex processed at 220 bar.



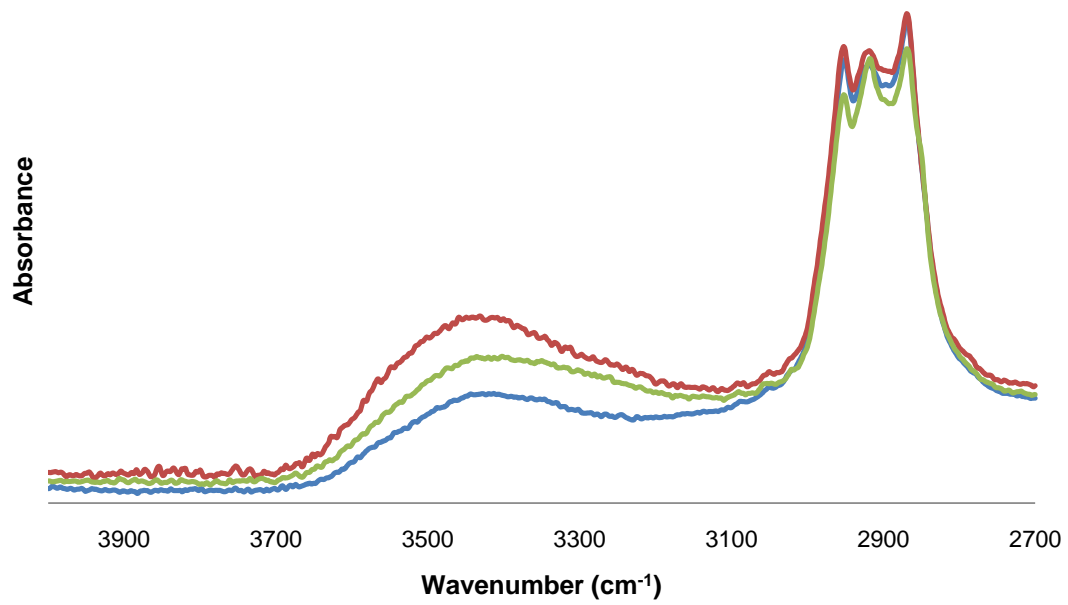
**Figure 9:** Overlay of ATR-FTIR spectra of 4 samples of 30 wt% ibuprofen-loaded PEG-PVP complex processed at 60°C.



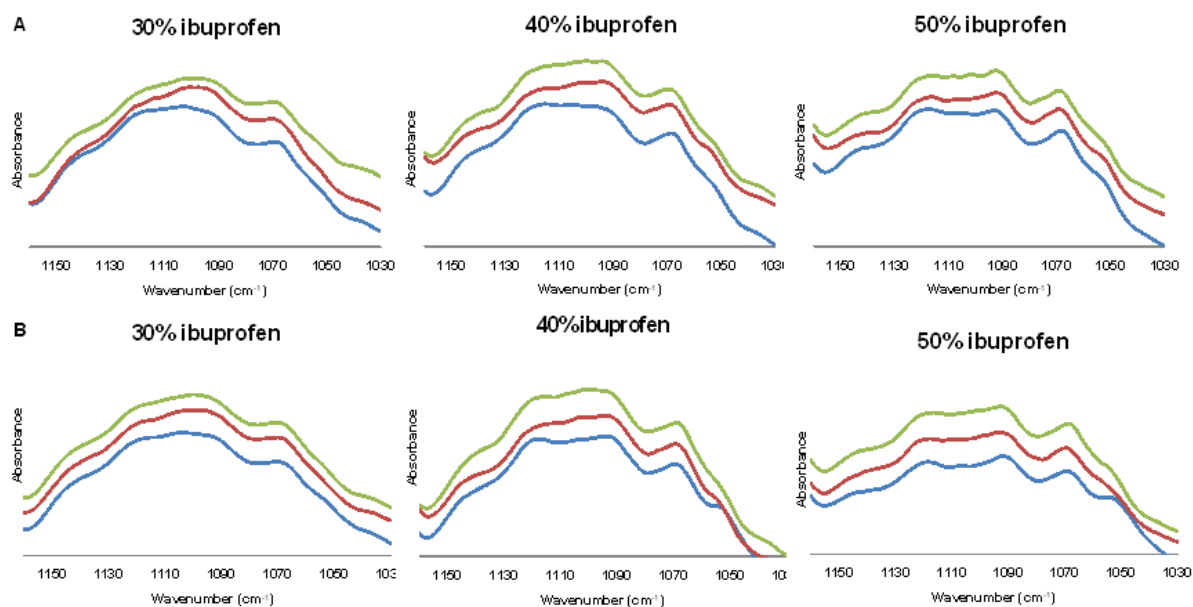
**Figure 10:** Physical appearance of 30wt% ibuprofen-loaded PEG-PVP complex processed at 60°C



**Figure 11:** Comparison of spectra in the PVP  $\nu(\text{C}=\text{O})$  region for ibuprofen-loaded PEG-PVP complexes prepared in supercritical CO<sub>2</sub> (row A) and cast from ethanol (row B): immediately after preparation (—), after 1 week (—) and after 3 weeks storage (—).



**Figure 12:** ATR-FTIR absorption spectra of an ibuprofen-PEG-PVP complex in the  $\nu(\text{O-H})$  region showing intensity: immediately after preparation (—); after 1 week storage(—); after 3 weeks storage (—)



**Figure 13:** Comparison of spectra in the PEG oxyethylene absorption region for ibuprofen-loaded PEG-PVP complexes prepared in supercritical CO<sub>2</sub> (row A) and cast from ethanol (row B): immediately after preparation (—), after 1 week (—) and after 3 weeks storage (—).